



# 10 CLUES TO SPOT CYBER-BULLYING

Cyber-bullying is carried out in order to shame, embarrass, tease or frighten the receiver. Messages are often electronically sent from an “anonymous” sender. Can you spot a cyber-bully?

The following 10 electronic clues could be signs of cyber-bullying behavior among your students:

1. Posting humiliating or embarrassing memes or other edited images to mock a student on social media
2. Asking a student to take "private" photos or videos and then forwarding to other students
3. Intentionally taking embarrassing photos or videos of a student without permission and sharing it with others
4. Catfishing a student by pretending to be someone else with a malicious intent to hurt the student
5. Sending repeated messages through email, texts or social media chats that are cruel, demeaning, or threatening
6. Posting gossip, rumors or lies about a student in group chats or on social media
7. Encouraging other students to troll and flame a student by posting mean comments in social media
8. Vicious gaming such constantly destroying a particular student's avatars, characters or properties on purpose
9. Creating an online group or website for the purpose of mocking certain students
10. Repeated sending of neutral messages to a student at all hours of the day that become harassing and annoying

When this occurs in a serious way personal, home, classroom and school intervention is needed.

RaceBridges recommends this detailed resource on the complex problem of Cyber-Bullying: [cyberbullying.org](http://cyberbullying.org).

A number of RaceBridges resources can be found by searching “bullying” on: [RaceBridgesStudio.com](http://RaceBridgesStudio.com)



This is one of a series of **RaceBridges Reminders** about inclusive behavior and learning to create a safe place of care and welcome among the human family. Nourish your better angels: visit the RaceBridges site for a wide mosaic of free materials, videos and ideas to connect and cooperate : [RaceBridgesStudio.com](http://RaceBridgesStudio.com)